



FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY



LEARN RESPECT & DISCIPLINE

ADAPTIVE KARATE PARKVIEW FAMILY YMCA

This program is specifically designed for individual learning for those with physical, developmental and intellectual disabilities. Classes will be capped at 5 per class to focus on direct interaction. Participants will learn practical skills for personal protection, self-confidence, and physical conditioning through modeling, imitation, and goal setting. Come join us!

Visit fwymca.org to register!

WEDNESDAYS 5-5:30

Beginning 2/26/2023

AGES 7-13

Members \$30

Program Participants \$67.50

Questions? Contact Zach Huffman, Sports Director, at 260.755.4853
or Zachary_huffman@fwymca.org

