

Kaiser Permanente Virtual Complete™ plans




Virtual-focused options for
affordable, convenient care



Virtual Complete is designed for employees who don't have frequent needs for in-person care and prefer virtual care. These plans offer a lower monthly rate compared to traditional plans and have low to no out-of-pocket costs for common services.

How Virtual Complete works

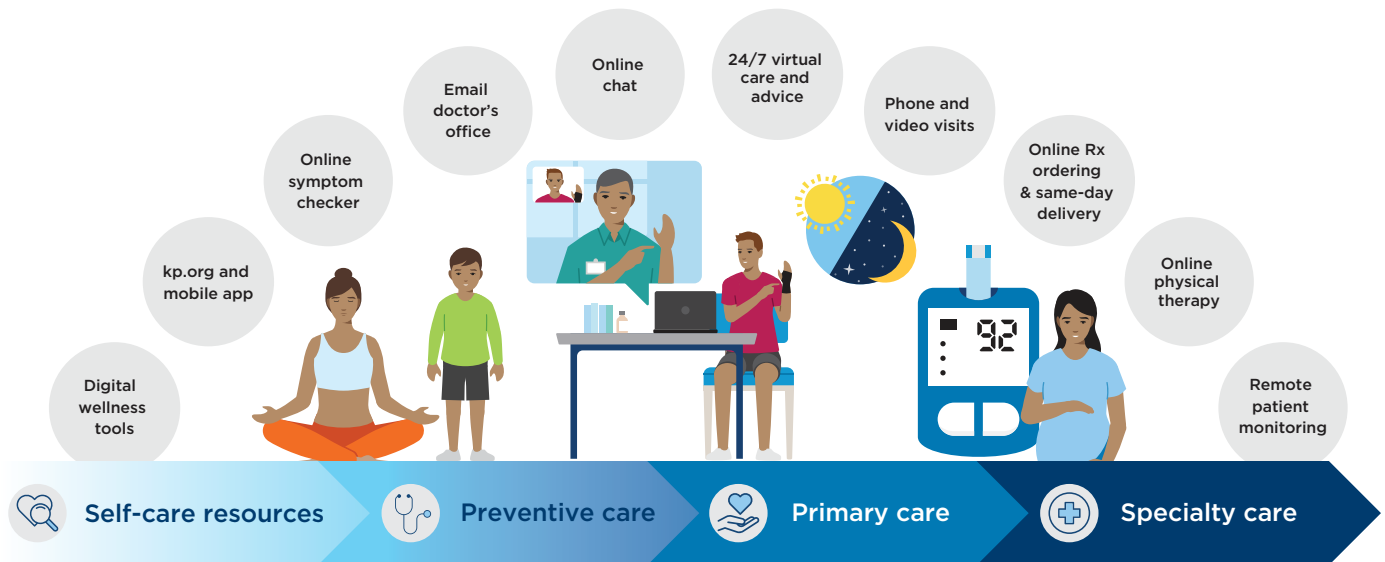
With a Virtual Complete plan, your employees can get more of their health needs met outside the doctor's office through our no-cost virtual care. And when they want in-person care, they'll have access to a wide range of common services available at a predictable copay.

	Virtual care Primary care, specialty care, mental health, pediatrics, dermatology, and more	\$0, not subject to deductible
	Digital health support¹ Mental health and emotional wellness apps, personalized healthy lifestyle programs, wellness coaching, and more	\$0, not subject to deductible
	In-person preventive care Routine physicals, screenings, and immunizations	\$0, not subject to deductible
	In-person office visits Including primary care, mental health, and more	First 3 visits: \$30, not subject to deductible Additional visits: \$30 after deductible
	Lab tests	\$15, not subject to deductible
	Generic prescriptions	\$15, not subject to deductible
	Deductible	Range of deductible options

This is a sample of our Virtual Complete plan design. Other services not noted, such as X-rays and hospital care, are subject to the deductible. Copays for in-person office visits, lab tests, and generic prescriptions will vary by plan design.

Convenient virtual care options for a wide range of health needs

With an enhanced suite of virtual care choices, your employees can get care in more ways – and in more places – than ever before. All without setting foot in a doctor's office.



Kaiser Permanente virtual care is different – because it's fully integrated

Our virtual care capabilities are designed to work together – giving members a seamless experience no matter how they choose to engage. And unlike many third-party vendors, every Kaiser Permanente doctor can see and update your employees' electronic health records – allowing them to promote preventive services, coordinate follow-up care, and make informed decisions about your employees' care.





Virtual support for healthy living offers even more value

On top of the care they receive through their Virtual Complete plan, your employees also have access to digital wellness tools designed to help them thrive.²

Healthy lifestyle programs

[Online programs](#) offering tools for healthy living and personalized tips to help employees reach their health goals.

CLASSPASS

ClassPass offers no-cost access to thousands of on-demand workout videos, plus reduced rates on in-person classes.



Personalized programs for managing depression, stress, anxiety, and more. [myStrength](#) lets employees set their own goals and work at their own pace.³



[Calm](#), an app for meditation, mindfulness, mental resilience, and sleep – designed to help lower stress, reduce anxiety, and more.

Contact your Kaiser Permanente representative to learn more about our Virtual Complete plans.

1. Digital health offerings are not covered benefits and are subject to change. 2. See note 1. 3. myStrength® is a trademark of Livongo Health, Inc., a wholly owned subsidiary of Teladoc Health, Inc.